

## Abstract of the Disclosure

A panel element having a utilization side, a counter draw opposite the utilization side, a first longitudinal side having a tongue, a second longitudinal side which is located opposite the first longitudinal side and has a groove with a contour opposite to that of the tongue, the tongue having a first projection (21) extending beyond the utilization side in a first direction parallel to the utilization side and normal to the longitudinal direction of the tongue and a second projection (22) extending in the first direction, a first undercut (23) being formed between the first projection (21) and the second projection (22), wherein at least one first region (25) of the second projection (22) has a distance from the tongue-side edge (18) of the utilization side (11) which is smaller than a second region (26) of the first undercut (23).